Dear Parents/Guardians,

Over the next few months the Grade 1 classes will be participating in a character education program called "Who is Nobody?". The program focuses on a character called "NOBODY" that will be sent home with students in the coming weeks.

NOBODY has no gender; ethnicity; interests; or abilities. After conducting a positive activity (such as helping others, the environment etc.) students will add to NOBODY, share their experience, and collectively make **NOBODY a SOMEBODY**. The experience demonstrates to students how easy and fun it is to help others.

There are 5 "Who is Nobody?" steps:

- 1. Choose a living thing you would like to help. (People, animals, the environment)
- 2. Take action and decide how to help a living thing. Use your interests and abilities. Here are a few examples:
- donate some old toys, books or clothes
- learn about an endangered animal and tell the class about it
- bake cookies for a neighbour
- help at home (e.g. do the dishes, shovel snow)
- pick up litter at a neighbourhood park
- NOTE: Students may not choose activities that include fundraising. Students should work as independently as possible.
 - 3. Add a 3-D attachment to NOBODY that represents your experience (e.g. Attach a wooden spoon if you baked cookies, add a smile if you helped a neighbour).

NOTE: Please do not add anything permanent to NOBODY (e.g. Paint, marker, glue). You may stitch, tape, tie or pin items. Pleas make sure the item is secure.

- 4. Write and draw a picture about you did with NOBODY. Use the lined and blank paper in the black binder provided.
- 5. Present your story, picture and NOBODY to your class.

Please note: You are welcome to start your project anytime ans have it ready when NOBODY arrives at your home.

Please contact Miss Donald at <u>donaldt@hdsb.ca</u> if you have any questions.

We think the Grade Ones will do a terrific job of turning NOBODY into a SOMEBODY! Thank you for your participation!

The Grade One Team