

- hosted by Rundle College and Tweedsmuir School in Calgary and Kananaskis, Alberta. Registration deadline was February 12
- May 5-8, 2007 – CAISBO Conference – The Business Officers' Conference is being hosted by St. John's Ravenscourt School in Winnipeg, Manitoba. Registration deadline is April 5.
  - May 10-13, 2007 – The Admissions Directors' Conference is being hosted by King's - Edgehill School in Windsor, Nova Scotia. Registration deadline is March 30.
  - July 5-8, 2007- Brentwood School is hosting the summer Leadership Institute. Registration deadline is May 14.
  - November 1-4, 2007 – The CAIS Heads' and Chairs' Conference will be held in Niagara-on-the-Lake, Ontario. The Heads' programme will begin on the evening of November 1, with the Chairs' sessions commencing on the evening of November 2. The theme for this year's conference, being organized by the "west of Toronto" Ontario schools, is: "Making a Difference".

**PAST CAIS NEWSLETTERS:**

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**EVERYBODY IS SOMEBODY!**

Playing the piano for seniors at a retirement home, selling a student-created comic book about Shakespeare to raise funds for the 'Friends of Shakespeare's Church' and developing a webpage to match medical students with university research volunteer positions are just three of nineteen different community out-reach projects carried out by one class at Upper Canada College, over one school year while using a program called Who Is NOBODY?™ - supported by Rotary International and sponsored by The Printing House.

Who Is NOBODY?™ begins when a mysterious box arrives in the classroom addressed:

To: EVERYBODY  
 From: NOBODY

Inside is NOBODY (a blue denim, gingerbread-shaped doll) and all the necessary resource materials to get this self-running, poster-based program started. Students are told that:

EVERYBODY  
 in the class can help  
 NOBODY  
 become  
 SOMEBODY

They use a simple method, based on five easy steps, to find their personal interests and abilities and then apply the curriculum (from six different subjects, including literacy) to real-life activities that exercise responsible citizenship, build character, help focus career goals and support earned and lasting self-esteem.

'Respect Yourself and Respect ALL Others' is the Who Is NOBODY?™ Mission.

Because developing mutual respect (built on personal interests and abilities and how you use them) is the core of the program, Who Is NOBODY?™ is also a preventative bullying strategy, supporting Safe Schools Initiatives.

When students do not respect themselves or others they have low self esteem and are affected by peer pressure and bullying. When students have mutual respect, they are open to learning and sharing with each other. This increases everybody's potential.

A 3-D collage (NOBODY) and a colourful scrapbook with stories, pictures and photos document each student's efforts and captures this year-long project helping students in Grade 1 to Grade 12, take action locally, nationally and globally - exercising equality and celebrating diversity.

"I believe the Who Is NOBODY?™ project has opened the boys' eyes to the variety of ways that they can take their personal interests and use them to help others," said Jill Stewart, UCC Prep's Coordinator of Health and Life Skills.

For example, Savinay Chopra saw the movie 'The Pursuit of Happiness' over the holidays and realized that some people don't have even the most basic things, like clean water, enough food, and a warm place to sleep. Paired with hearing on a radio show that people donate money to help make wishes come true for children, he decided that his Who Is NOBODY?™ Project would concentrate on helping children whose basic needs aren't met.

While narrowing his focus, Savinay came across an organization called Pratham that strives to educate homeless children in India. The information had a lot of pictures of children going to school without shoes. Savinay decided to walk in order to fundraise. Then he got in touch with Mr. Thakar of Pratham's Toronto Chapter who is helping him get the \$150 he raised to Delhi where shoes will be bought.

"The class is always very focused and interested during our NOBODY presentations and have pertinent and inquisitive questions for the presenter. The class teacher, Ms. Andrea Dinsmore, has commented on how impressed she has been with the creative ideas the boys have come up with in terms of helping others," said Jill Stewart, who is overseeing the program in one UCC class this year to pilot its effectiveness.

Jared Freedman is sending a letter to Prime Minister Harper, asking him to arrange for government funding to buy used hockey equipment, hire coaches and rent ice time, as he feels all kids should be able to play the game for fun and exercise. He is also requesting that a free league be set up so that kids who receive equipment can play without their parents having to pay. All the boys in his class signed his petition to support this cause.

Students realize that EVERYBODY is SOMEBODY!

For more information about running this program in your school or sponsoring a program, contact Kelly Clark by phone at 416-597 -2011 or [info@whoisnobody.com](mailto:info@whoisnobody.com) <http://www.whoisnobody.com/>

Look for the Who Is NOBODY?™ Exhibit at the CAIS Best Practices Conference on April 20, 2007.

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