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## **Local News**

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## Program designed to help schoolchildren develop selfrespect

Posted By FIONA ISAAC SON/Examiner Staff Writer

Posted 1 day ago

He has no face, no age, no gender, no ethnicity and no

He's just a blue doll shaped like a human.

He's "Nobody" and he's the core of a program developed by a Toronto-based teacher to help students develop self respect and build on their "unique strengths."

"Nobody is a blank slate and a lot students find that exciting because anything's possible," said Kelly Clark, director of Who Is Nobody?

"The goal is (for Nobody) to learn something positive from everybody that it meets. Right away it's sending the

message that everybody has something great about them ... Everybody has something you can learn about," she

Clark spoke at the Rotary Club of Peterborough yesterday.

She started developing the program for kindergarten to Grade 12 students eight years ago and has been selling it for three years

Clark said she realized that whenever she entered a classroom "right away I could tell if respect was in the class."

Clark said she knew respect was important, but had no idea how to build it, which is when she developed the

The program consists of a brown suitcase labelled "To everybody, from Nobody." Inside is a DVD with instructions, a bag so every student can take Nobody home for a week, and a scrapbook where students write about their deed and draw pictures.

It's a chance for students to reflect on their actions, Clark said.

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She presented a decorated Nobody doll yesterday.

One student attached eyes because his father is blind and he wanted to raise awareness about the Canadian National Institute for the Blind.

Another student attached a plastic bag because they picked up garbage in the park and another student attached a running shoe to raise awareness about child labour and how they're lucky to live in a country where that doesn't

Having Nobody is a chance for students to "stand up and talk about things happening in their life and inform each

Students soon realize "you don't need a blue doll at your house to do a good deed."

Rotarian and lifelong educator Charlie Burge said "it's very hard to get kids to reveal their own strengths."

"That's what this does. You've opened a new window for us." he told Clark.

NOTES: To learn more about the program go to http://www.whoisnobody.com/ .... Forty school boards across the country use the program.... Kelly Clark, director of Who Is Nobody, said she's sold 650 to date and the number has tripled every year.... Clark also offers a "Who Is Green?" program.

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Kelly Clark, director of Who is Nobody?, spoke at the Rotary Club of Peterborough yesterday. The program is designed for kindergarten to Grade 12 students to help them develop selfrespect and build on their 'unique strengths.' Clark is holding a Nobody doll on the right, and a decorated Nobody on the left. Students decorate Nobody in some way to represent a good deed they've been involved in that they want to share with their classmates.

FIONA ISAACSON Examiner

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