BENJAMIN'S PARK MEMORIAL CHAPEL

Oct 13/07

Oct 11/07

Oct 13/07

Oct 15/07

Oct 13/07

Oct 15/07

561 Avenue Rd

89 Sanibel Cr

155 Kendal Av

942 Yonge St

150 Brighton Av

333 Clark Ave W

3560 Bathurst St

20 Dewbourne Av

5 Kenneth Av

205 Cummer Av

77 Forest Run Bl

7460 Bathurst St

85 Skymark Dr

106 MacPherson Av

3560 Bathurst St

1035 Eglinton Av W

## **OBITUARIES** and Related Notices

Carl A. Stone

Miriam Segal

Ron Sherman

Carole Riback

**Markus Haimov** 

Jeanne Kamarner

#### Steeles Memorial Chanel

~tttits	autemotiai Cii	upei
Mangarten, Luba	Oct. 11/07	95 Rockford Rd
Novakhov, Rouvin	Oct. 12/07	Private
Shiff, Helen	Oct. 14/07	1 Karl Court
Greenberg, Meir	Oct. 12/.07	
Kraus, Clara	Oct. 14/07	118 Burbank Dr
Landgarten, Irving	Oct. 15/07	101 Governors Rd
Goodman, Morris	Oct. 14/07	
Fineberg, Albert	Oct. 15/07	81 Wenderly Dr
Bengino, Jacob	Oct. 17/07	601 Clark Ave. W.
Steinhart, Philip	Oct. 17/07	642 Sheppard E.
Tessler, Sonia	Oct. 17/07	28 Limcombe Dr
Yuffy, Henry	Oct. 17/07	7420 Bathurst St
Sadoff, Sylvia	Oct. 19/07	Private
Kohl, Rose	Oct. 20/07	80 Antibes Dr
Jacobson, Rita	Oct. 20/07	650 Briar Hill Ave
Borodow, Yvette	Oct. 21/07	5 Hawksbury Dr
Teitelman, Doreen	Oct. 21/07	784 Centre St
	HEBREW BASIC BURIAL ADMINIAL GRAVEDE SERVICE	
Michael Rowan	Oct 15/07	191 St. George St
Sydney Snell	Oct 15/07	15 Torresdale Av
Louise Saltzman	Oct 16/07	1216 York Mills Rd
Edith Rowan	Oct 18/07	3560 Bathurst St
Elena Shafirovitch	Oct 18/07	12 Goldfinch Ct

The unveiling of a monument to the memory of the late

#### **GERALD** LORNE ז"ל SUGAR

Sunday, Nov. 4th, at 12 noon. **Mount Sinai** Memorial Park

Shaarei Tefillah Section tives and friends are invited to attend

#### Stan Greben Oct 14/07 500 Avenue Rd 215 Searle Av

Israel Gelbard Oct 17/07 Rose Zellitt Oct 16/07 Andrew Miklos Oct 17/07 Elizabeth Bowmile Oct 18/07 Fred Eisen Oct 19/07 **Elaine Ritz** Oct 19/07

Sam Mussman Oct 20/07 Zinaida Maydanik Oct 21/07 Grigory Makievsky Oct 20/07

Sophie Baker Oct 21/07 **Irving Bain** Oct 21/07

The family of

#### Tlek Kochen ז"ל

wishes to extend gratitude and thanks to our family and friends. We greatly appreciate your generous expressions of sympathy and support during our recent bereavement.

Irene Kochen and Family

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least

15 DAYS prior

to the date of

the unveiling.

The unveiling of a monument honouring the memory of

HELEN

NAIMAN ז"ל

will take place

Sunday, Nov. 4th,

at 11:00 a.m.

**Bathurst Lawn** 

**Memorial Park** 

Wierzbniker Section

latives and friends are invited to atter



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Health & Lifestyles

# 'Nobody' helps kids boost self-esteem

By ABIGAIL BIMMAN

Special to The CJN

Nobody is helping elementary and high school students boost their self-esteem while being altruistic at the same time.

"Nobody" the rag doll, that is.

Former teacher Kelly Clark developed the doll as part of a hands-on self-esteem and social responsibility program that she started in her own classroom in 2001, and it's now being used in some 300 classes across 16 school boards, she said.

The project works by having students in grades 1 through 12 choose a project that helps a living thing – a person, animal or the environment – and then use their personal interests to be kind to that thing in a tangible way. Each student takes the "Nobody" doll home with them for one week. At the end of the week, they attach something small to the doll that represents their activity. The student also presents their project to the class, along with a story and picture that they put in a communal scrapbook.

The idea is that by the end of the year, with all of the students' contributions, "Nobody" becomes "Somebody."

Clark said the project was born while she was searching for a concrete way to build self-esteem among her students.

"It's a tangible way to feed character development. It's a way for each student to realize they fit in by being different, because everyone adds [something different] to the doll," she said.

Last year, Eli Sokoloff Harris took part in the project by selling fair trade chocolate bars to help raise money for children in developing countries to go to school through the Free the Children

program.
"I had heard of [Free the Children] before, and I knew it was to help children around the world go to school, and not be in slave labour," the Grade 6 student said about his project.

"With the standard way of making chocolate, children and their parents are in danger, because they have to use big knives to cut off the cocoa pods, and toxic fumes for helping them grow."

By contrast, fair trade bars are made using cocoa pods that are grown in worker-friendly conditions.

Eli, 11, added that with traditional chocolate bars, workers see about six per cent of profits, but with fair trade bars, they receive 36 per cent. Eli also simultaneously landed the title role in his school's production of Willy Wonka and the Chocolate Factory, and he used the hype from the play to sell more than 120 bars.

Andrew Shinoff is also in Grade 6. He participated in the Who is Nobody program when he had Clark as a teacher in Grade 1, and he has been selling Freezies to raise money for Interplast ever

Interplast provides free reconstructive surgery to children in developing countries with cleft lips and palates, burns and hand injuries by teaching and partnering with local doctors.

'You can't just put [money] in an envelope and say, 'Here it is, Third World.' We had to choose something," said Andrew's father, Steve. A fellow nursing colleague of Andrew's mom suggested Interplast.

Andrew, who was profiled for his accomplishments in a 2004 CJN article, raised \$800 for Interplast in his first year. He sold Freezies twice a week at recess with the help of a family member or his nanny. Due to the campaign's success, Andrew chose to continue the project. Now, he sells Freezies on every warm day.

Last year, in Grade 5, the Forest Hill Public School student sold just under 2,000 Freezies and raised \$4,500 for Interplast.

In total, Steve said, Andrew has raised more than \$8,000 for Interplast.

"It's become an institution at the school," Steve said.

"I feel like I've accomplished a lot. I've helped a lot of people in developing countries and its just a great feeling," 10-year-old Andrew said. "It makes them feel good that people care about them from another side of the world, and it's making them feel good because they don't have a cleft."

"I just want to keep on helping as much as I can," he added.

"['Who is Nobody'] gets everyone involved, and it gets everyone thinking and doing things for other people, not just them-

For more information, visit www.whoisnobody.com.

To place an unveiling notice, please call at